

Our Lady of the Valley Religious Education

March 2026 Activity Packet

Grades Pre-K-2



Name: _____

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March 2026 Overview: Grades Pre-K-2

Theme: Month of St. Joseph

Litany of the Holy Eucharist Title: Jesus, with us always

Seventh Office of the Sacred Heart: Promoter of Our Lord, Jesus

Invocation of the Seventh Choir of Holy Angels: By the intercession of St. Michael and the celestial Choir of Principalities may God fill our souls with a true spirit of obedience.

Seventh Aspiration to the Sacred Heart: Heart of Jesus, infinitely pure and without stain, give me an inviolable purity of body, mind, and heart.

Thematic Guiding Questions, Pre-K-2:

- ♥ Who is St. Joseph? Why do we honor him?
- ♥ What do you think St. Joseph was like?
- ♥ Why do you think St. Joseph was so close to the holy angels?
- ♥ How did St. Joseph imitate the holy angels in their actions? How may we?
- ♥ What is something you could do to love Jesus like St. Joseph did?

Saint of the Month: St. Joseph was chosen by God to be the husband of Our Lady, and the foster father of God's only Son, Jesus. He cared for Jesus and Mary at their home in Nazareth, providing for them through his work as a carpenter. Guiding the Holy Family out of harm's way, St. Joseph was a true leader and protector who continues to watch over us, guarding his family, the Church. Saint Joseph is the patron of the universal Church, and a spiritual father to us all. He responded to the holy angels' messages that were sent by God in his dreams, faithfully taking action to fulfill God the Father's plan. Like the holy angels, St. Joseph constantly adored Jesus, holding the Christ Child near to his Chaste Heart, and keeping Jesus, the Bread of Life, safe. He preserved Jesus in the Holy Family's home at Nazareth, the first perpetual Adoration chapel.

Monthly Challenge: From the Feast of the Annunciation of Our Lord (March 25) to the Feast of the Nativity of Our Lord (December 25), Catholics may choose to pray a nine-month novena, offering special prayer intentions as they wait for the Birth of Christ with Our Lady. Choose a special intention to pray for, if not for nine months, then for nine days as part of a special novena. Another option is to say nine "Memorare" or "Hail Mary" prayers to Our Lady for a special intention. Pray for members of the nine choirs of holy angels to bring your petitions to God the Father, and to help you to faithfully carry out God's plan as you discern answers to your prayers.

Practice the seventh Office of the Sacred Heart in your visit to the Blessed Sacrament. Pray to promote devotion to Jesus' Eucharistic Heart like St. Joseph, the perpetual adorer of Christ, did. Promote devotion to the Blessed Sacrament by modeling it, devoting yourself to Jesus by giving your time and love to Him, faithfully dedicating special prayers to Jesus when you go to the tabernacle. Meditate on St. Joseph's sorrows and joys, contemplating how he promoted devotion to Jesus through all of these experiences, finding strength and sustenance in His closeness to Christ through all of his journeys in life.

Overall Learning Goals: Our overall goal for this month is to learn about how we experience God's love through His patience and generosity, especially in the sacraments, and in the example set by the saints, who witness to Christ's self-giving love. We will learn about how we can practice growing in patience every day in how we show our love for God and others. It is our goal to identify ways in which we can use prayer and the gifts God has given us to exercise patience at Lent, as we offer up sacrifices and give our time to God.

Summary of Activities: This month, we will learn about patience through stories of the saints whose feast days are celebrated in March: St. Patrick and St. Joseph. We will focus on how we see God's love and patience expressed through the Holy Trinity, the sacraments, and Lenten traditions. Using stories from the Holy Bible, music, and art, we will learn about the beauty and peace of living out patience in our journey to grow in our love for Christ and our Church family.

Additional Enrichment Ideas:

- ♥ The Scripture memory card, featuring a theme-related Bible verse to practice, can be cut out and used to remember St. Joseph's patience this month.
- ♥ To complement our "Lamb of God" Pre-K/K activity, here are some links to the song:
 - https://m.youtube.com/watch?v=BcL92_OvYX0 (children's choir)
 - https://m.youtube.com/watch?v=f-WJK_Fjkkw ("Agnus Dei" Latin chant)
- ♥ To complement our Grade 1 "Patience, Prayer, and Pretzels" activity, enjoy some pretzels for a Lenten snack. Practice making the Sign of the Cross and saying grace or another mealtime blessing to incorporate prayer.
- ♥ Participate in the Stations of the Cross at home or at church (self-guided, with printable Stations, or as part of a service). The 2025 Stations of the Cross at Our Lady of the Valley can be watched here: <https://www.youtube.com/watch?v=Yov1M4DZSCc>
- ♥ Honor St. Joseph in a special way this month. Have a St. Joseph's Day-themed meal, or share a St. Joseph's Day loaf (a special bread) with a friend. Say a novena to St. Joseph. Make a small shrine at home with lilies, a statue, or a holy card for St. Joseph.

Suggested Prayer Starter: Connect prayer to St. Patrick, the Sign of the Cross, and the Persons of the Holy Trinity. "Glory be to the..."

Suggested Mealtime Prayer: A prayer for meals every day, or a special prayer to use on St. Joseph's Day while sharing a St. Joseph's bread loaf.

"We fold our hands.
We bow our heads.
We thank you, God,
For this daily bread.
Amen."

Scripture Memory Card

“Love is patient, love is kind.”



-1 Corinthians 13:4

Learning Standards

Grade Level	Week	Activities	Learning Standards
Pre-K, Kindergarten	1	“Prayer and Patience”	<p>K.4 We talk to God through prayer. We pray every day to help us do the right things. Praying helps us to know God.</p>
	2	“Love of the Holy Trinity”	<p>K.6 We acknowledge God’s holy presence with respect, such as when we enter a church, pray, and go to Mass. In front of the tabernacle, we make the Sign of the Cross, which reminds us of how Jesus went onto the Cross out of love for us, to save us from sin.</p>
	3	“Patience like the Lamb of God”	<p>K.2 Everything God does is from love.</p> <p>K.7 When we go to church, we are in God’s house. It is a holy place where we experience God’s love, so we are respectful. We attend Mass at church and pray, following the priest as he celebrates the sacrament. In addition to attending Mass on Sundays, we attend for special holidays during the seasons, including Advent and Lent. At church, we show our love for God. Outside</p>

			of church, we can continue to love God through the kind things we do, because God is always with us, and is happy when He sees us being loving.
Grade 1	1	“Patience, Prayer, and Pretzels”	1.3 We go to Confession to heal us of our sins. It is also called “Reconciliation” because we reconcile, or heal, our relationships with God. We need God’s love and forgiveness through this sacrament in order to lead happier, holier lives that bring us closer to Jesus. Without Confession, we would not be able to receive Communion and receive all the graces God wants to give us.
	2	“Glory to God”	1.2 It is important to avoid sin so that we can stay close to God. There are two main types of sin: mortal and venial. Mortal sins are very serious, and venial are less serious. All sins bring us away from God, but we can get back to God through Confession.

	3	“Sharing like St. Joseph”	1.4 Christ came to Earth so He could die on the Cross to save us from our sins... We consume His resurrected Body in the Host, the consecrated Bread, at Mass to gain new life and hope in Christ.
Grade 2	1	“Patience and Peace”	2.3 Jesus is the Son of God. As the Second Person of the Trinity, He is God, the same nature as the Father, as well as the Holy Spirit.
	2	“The Holy Trinity and the Sacraments”	2.2 We worship one Trinitarian God. There are Three Persons in the Blessed Trinity: The Father, Son (Jesus), and Holy Spirit.
	3	God’s Patience	2.7 God forgives us because He loves us. We see that He loves us because He gave us the sacraments to help us get to know Him and become closer to Him.



March 2026 Lesson Pacing Guide (Suggested Schedule)

Grades Pre-K-2

Week Number/Date	Grade Level	Activities
Week 1 (March 2, 2026 – March 6, 2026)	Pre-K, Kindergarten	“Prayer and Patience”
	Grade 1	“Patience, Prayer, and Pretzels”
	Grade 2	“Patience and Peace”
Week 2 (March 9, 2026 – March 13, 2026)	Pre-K, Kindergarten	“Love of the Holy Trinity”
	Grade 1	“Glory to God”
	Grade 2	“The Holy Trinity and the Sacraments”
Week 3 (March 16, 2026 – March 20, 2026)	Pre-K, Kindergarten	“Patience like the Lamb of God”
	Grade 1	“Sharing like St. Joseph”
	Grade 2	“God’s Patience”

Week Number/Date	Grade Level	Words to Practice	Definitions
Week 1 (March 2, 2026 – March 6, 2026)	Pre-K, Kindergarten	Trinity	The Three Persons who are God: the Father, the Son (Jesus), and the Holy Spirit. The root word “Tri” in “Trinity” means “three.”
	Grade 1	Reconciliation	Confession. To “reconcile” means to heal. We go to Confession, also called “Reconciliation,” to make up for our sins, and heal our relationships with God by asking for His forgiveness. When we have reconciled, we become closer to God.

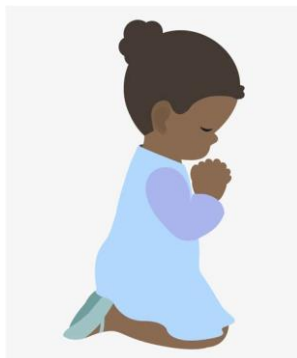
	Grade 2	Mortal sins	A very serious sin that brings us away from God. Mortal sins break the 10 Commandments. We go to Confession to wash mortal sins away. Then our hearts are ready to receive Jesus at Communion.
Week 2 (March 9, 2026 – March 13, 2026)	Pre-K, Kindergarten	Holy water	Water that is blessed by a priest. We use holy water to bless ourselves and make the Sign of the Cross. Holy water reminds us of when we were baptized, so that we can remember to keep our baptismal promises. Holy water reminds us to keep our souls clean, free from sin, so that they can be filled with love for Jesus.
	Grade 1	Sin	Something wrong that is done, going against God's rules.
	Grade 2	Venial sins	A sin that is less dangerous to the soul than a mortal sin, but still serious. For a sin to be a mortal, the person committing the sin must know that it is wrong, but someone committing a venial sin might not know that it is a sin.
Week 3 (March 16, 2026 – March 20, 2026)	Pre-K, Kindergarten	Pews	The long benches people are seated on in a church. In the pews, we pray to God, taking part in honoring and praising Him at the Mass.
	Grade 1	Sacrifice	To give up something. Jesus sacrificed His life out of love. During Lent, we make sacrifices, giving something up to better understand, and become closer to, Jesus.
	Grade 2	Seal of Confession	The priest cannot tell anyone the sins that were confessed during Confession.

Week Number/Date	Grade Level	Prayers to Practice	Text of Prayers
Week 1	Pre-K, Kindergarten	Sign of the Cross	In the name of the Father, And of the Son, And of the Holy Spirit. Amen.

(March 2, 2026 – March 6, 2026)	Grade 1	Glory Be	Glory be to the Father, And to the Son, and to the Holy Spirit. As it was in the beginning, is now, And ever shall be, World without end. Amen.
	Grade 2	Act of Contrition	Oh my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of Heaven and the pains of Hell, but most of all because they offend Thee, my God, Who art all good, and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.
Week 2 (March 9, 2026 – March 13, 2026)	Pre-K, Kindergarten	Sign of the Cross	In the name of the Father, And of the Son, And of the Holy Spirit. Amen.
	Grade 1	Glory Be	Glory be to the Father, And to the Son, and to the Holy Spirit. As it was in the beginning, is now, And ever shall be, World without end. Amen.
	Grade 2	Act of Contrition	Oh my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of Heaven and the pains of Hell, but most of all because they offend Thee, my God, Who art all good, and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.
Week 3 (March 16, 2026 – March 20, 2026)	Pre-K, Kindergarten	Sign of the Cross	In the name of the Father, And of the Son, And of the Holy Spirit. Amen.
	Grade 1	Glory Be	Glory be to the Father, And to the Son, and to the Holy Spirit. As it was in the beginning, is now, And ever shall be, World without end. Amen.
	Grade 2	Act of Contrition	Oh my God, I am heartily sorry for having offended Thee, and I detest all

			<p>my sins, because I dread the loss of Heaven and the pains of Hell, but most of all because they offend Thee, my God, Who art all good, and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.</p>
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March 2026 Pre-K-2 Activities: Week 1
Pre-K/Kindergarten- “Prayer and Patience”



This month, we celebrate the feast days of some very special saints, including St. Patrick and St. Joseph. Saint Patrick and St. Joseph both listened to God. They followed what God asked them to do to bring His love into the world. St. Patrick went to Ireland to teach people about God. When St. Patrick went to Ireland, he taught people about the Holy **Trinity**: God the Father, God the Son, and God the Holy Spirit. God the Father, God the Son, and God the Holy Spirit are One God. “Trinity” means “three,” because we see God’s love in the Father, Son, and Holy Spirit, the three Persons of God in the Holy Trinity.

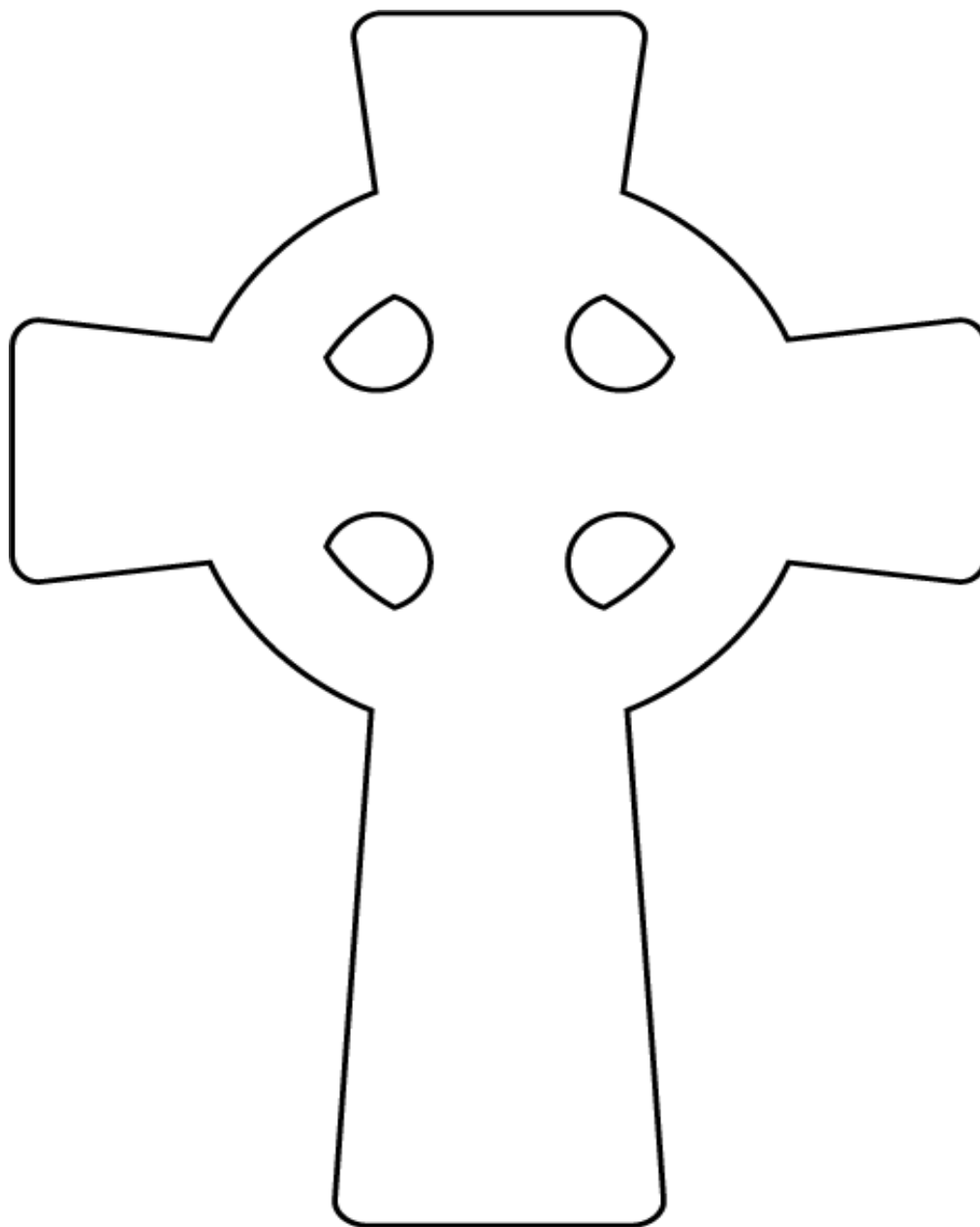
Saint Joseph raised God’s Son, Jesus, with Mother Mary. He watched over his family and taught Jesus about God, His Father in Heaven. To know what God was asking them to do, St. Patrick and St. Joseph always prayed. Praying helped them be patient when they were waiting.

Wherever we go, we can pray, using our time to talk to God. When we are waiting for God to answer our prayers, we should not give up, but keep praying. He hears us, and is always with us in our hearts, because He loves us.



The Celtic Cross is a special Irish cross, like the crosses St. Patrick would have seen when he went to Ireland. It has a circle shape like an angel's halo that goes around the arms of the Cross. Circles remind us of God's love, because circles go on forever, and God's love is with us forever. A circle doesn't end. It keeps going. God's love also doesn't end, but keeps going.

**What is something you can pray for, while you are waiting, or at any time?
Draw or write on the Celtic Cross. You can cut it out and bring it with you to remember to pray while you wait.**



March 2026 Pre-K-2 Activities: Week 2
Pre-K/Kindergarten- “Love of the Holy Trinity”



March 17 is St. Patrick’s Day, when we remember how St. Patrick shared his love for God with the people he came to help and teach in Ireland. Using a three-leaf clover to teach about each of the Three Persons of God in the Holy Trinity, St. Patrick showed that the Father, Son, and Holy Spirit are all connected, just like how the leaves of the clover are connected to the stem.

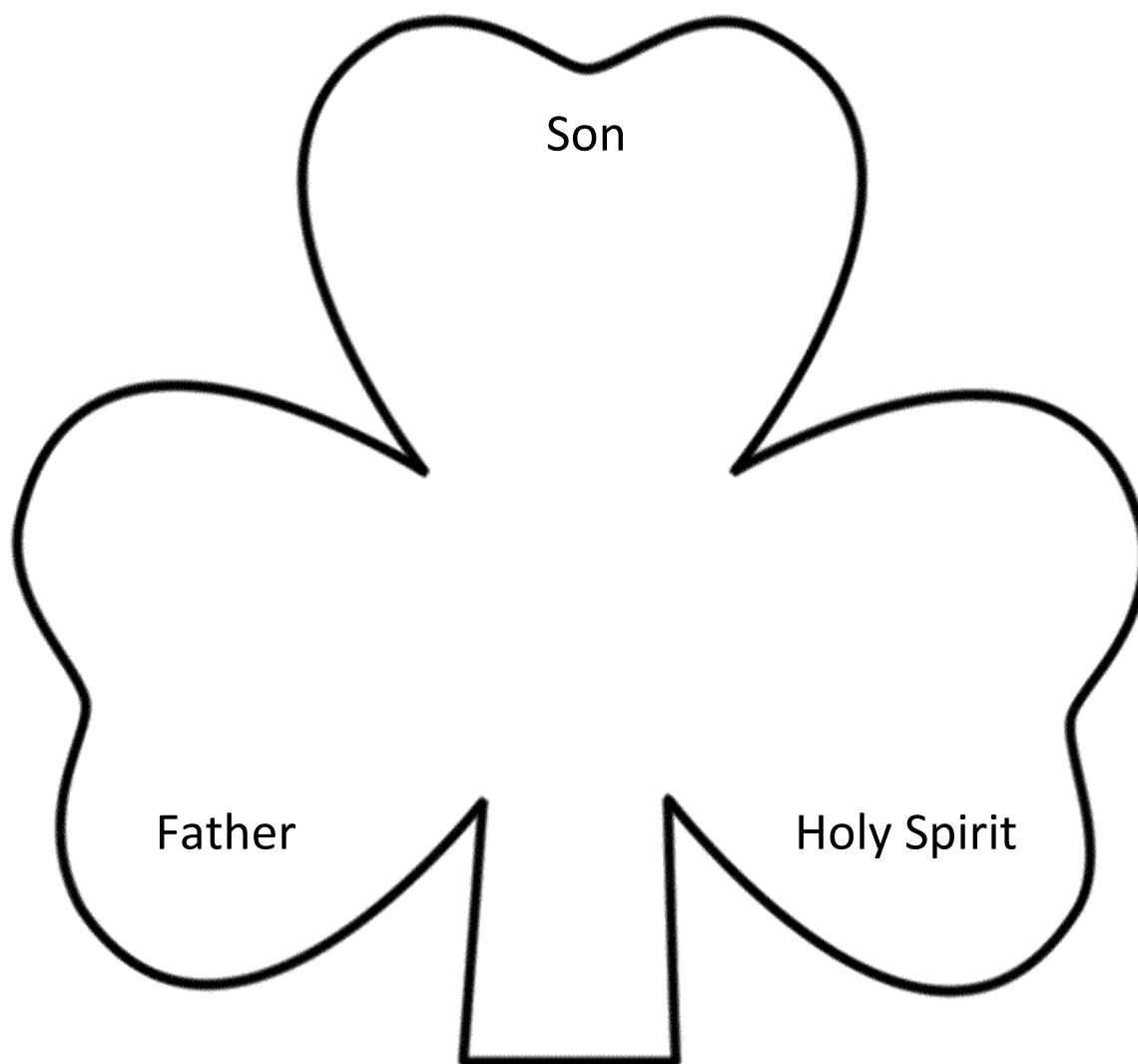
God the Father, God the Son, and God the Holy Spirit are all One God. Each Person of God in the Holy Trinity, God the Father, God the Son, and God the Holy Spirit, show us God’s love in a special, unique way. God the Father gave us His Son, Jesus, out of love. Jesus came to be with us on Earth so that we could know what God is like. Jesus wants to know us, because He loves us. The Holy Spirit came to be with us when Jesus went to Heaven. The Holy Spirit helps us to be strong, brave, and loving like Jesus.

When we make the Sign of the Cross, we show our love for each Person of God in the Holy Trinity. We bless ourselves in the name of the Father, and of the Son, and of the Holy Spirit. We can use **holy water**, water a priest has blessed, to make the Sign of the Cross in church or at home. We bless ourselves with holy water when we come into and leave a church to remind us that we take God with us wherever we go. →



A home holy water container (called a font)

Three-leaf clovers remind us that each of the three Persons of God in the Holy Trinity, God the Father, God the Son, and God the Holy Spirit, love us. Each leaf is shaped like a heart, just like the Heart of God that is full of love for us. **On each leaf, write and draw something you love about God: one for God the Father, one for God the Son, and one for God the Holy Spirit.**

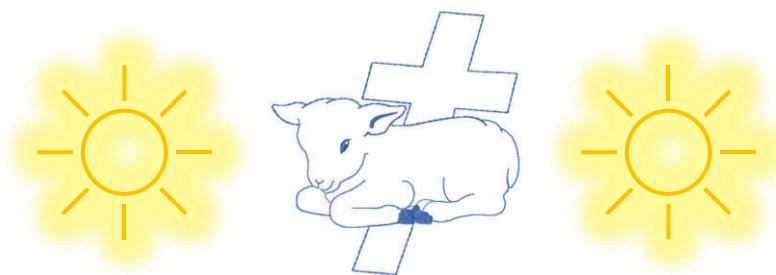


March 2026 Pre-K-2 Activities: Week 3
Pre-K/Kindergarten- “Patience like the Lamb of God”



With every day of Lent, we are getting closer to Easter! During Lent, we have been thinking about how much Jesus loves us. Jesus is called the Lamb of God. We sing a song at Holy Mass called “Lamb of God,” or in Latin, “Agnus Dei.”

Jesus is gentle and peaceful like a lamb. Lambs are baby sheep. They follow where the shepherd leads them. Jesus was like a lamb, because He followed what God the Father asked Him to do. He patiently listened to His Father in Heaven. God the Father’s plan was for Jesus to save us by going on the Cross, and giving His life.

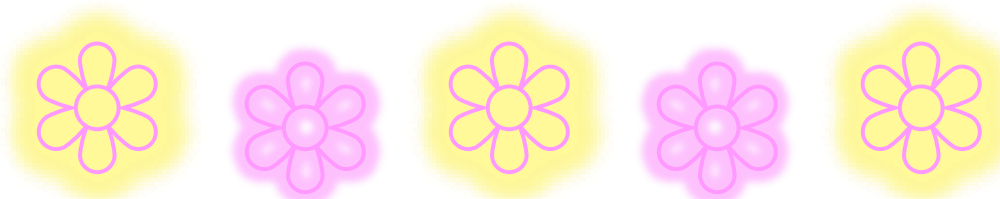
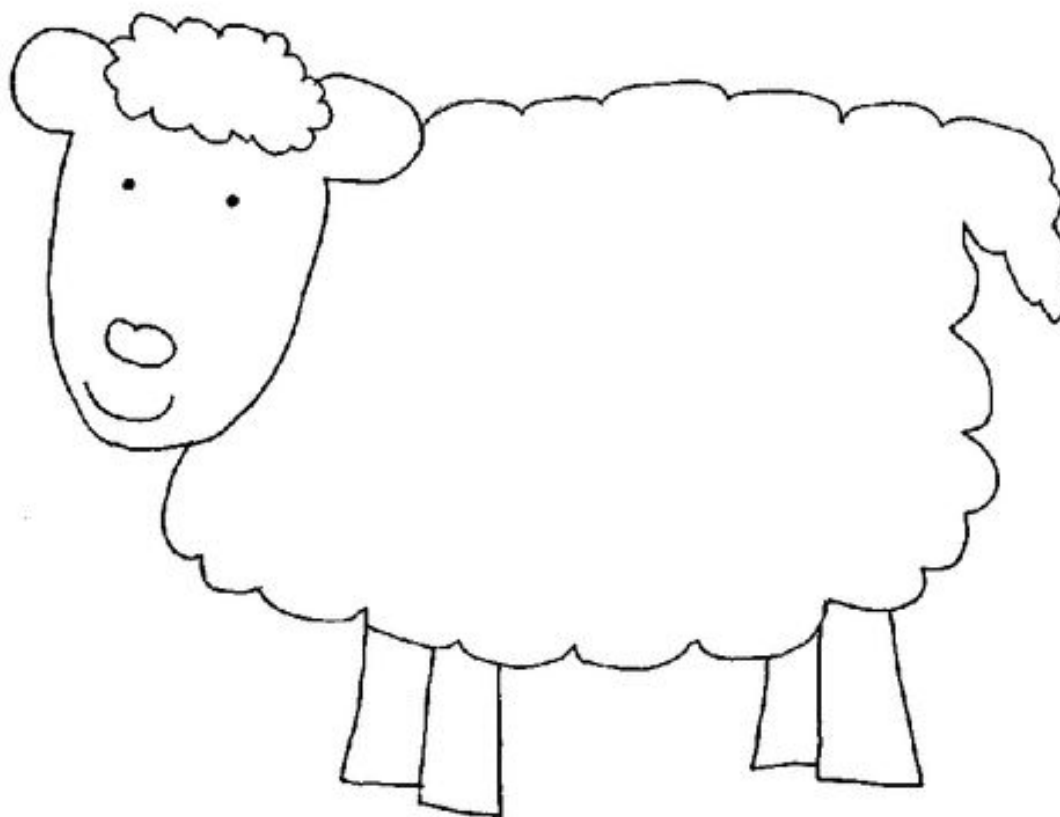


Jesus listened to His Father, and lived out Our Father’s plan because He loves us. At every Holy Mass, we remember how Jesus did this, which is why we sing “Lamb of God.” When we sit or kneel in the **pews**, the long benches in the church, we pray and sing to show our love for Jesus, the Lamb of God.

On Easter Sunday, we go to church and celebrate Jesus coming back to life after going on the Cross for us. Easter is in the spring, a time of new life, when baby animals like lambs are born, the days get sunnier and warmer, and the flowers grow back after winter. Jesus gives us all new life. He puts hope in our hearts. Our hearts feel happy when we sing, pray, and show our love for Jesus together. →

**Jesus is the Lamb of God. How can we be like Jesus in the things we do?
Write and draw your ideas on or around the lamb.**

**Listen to or sing the song “Lamb of God” together while you’re drawing.
When you finish, you can cut out your lamb and put it in a prayer corner to
remember someone you can pray for Jesus, the Lamb of God, to bless.**



March 2026 Pre-K-2 Activities: Week 1



Grade 1- “Patience, Prayer, and Pretzels”



Before you make your First Holy Communion, you will make your First Confession, which is also called **Reconciliation**. God calls us to love Him and to love each other by being kind, caring, and helpful. God is our friend, and when we are kind and loving, we become even closer friends with God. As we learn more about Him, we can love Him more. Doing something that does not follow God’s rules does not bring us closer to God. We go to Confession, telling the priest about when we did not follow God’s rules, so that then we can make up, or **reconcile** with, God, and continue to become better friends with Him.



While you wait to make your First Confession, you can pray for God to help you. God forgives us when we tell Him lovingly from our hearts that we are sorry for the times we did not follow Him. God is patient. He helps us to keep learning and growing stronger each day.

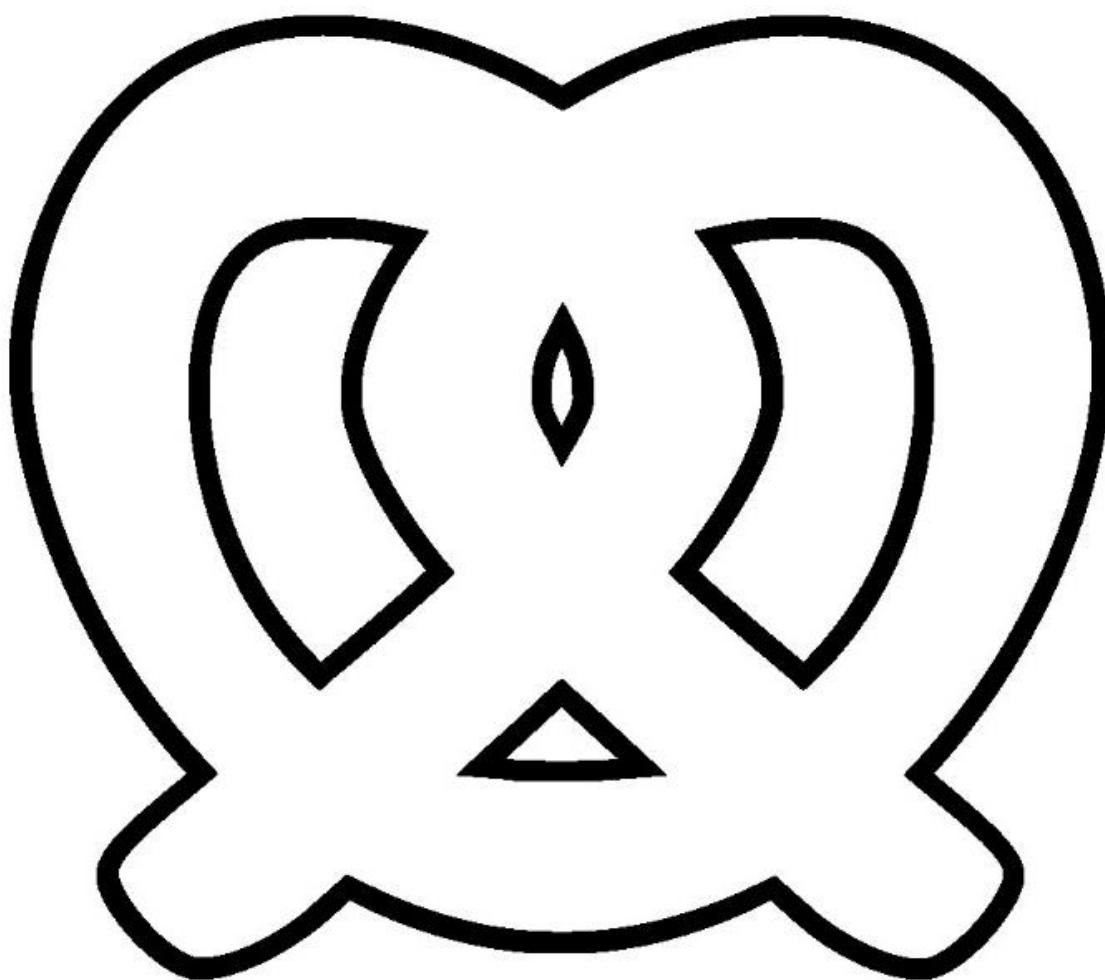


When we pray, we talk to God, which helps us to be patient when we are waiting. During Lent, we spend more time in prayer. Monks, men like priests who give their lives to God, serving the Church, would make pretzels during Lent to remember to pray, because pretzels are shaped like arms folded in prayer. After praying, they would share the pretzels at their meal. They were patient, and were rewarded. The word “pretzel” comes from an Italian word, *pretiola*, meaning “little reward.” God blesses us for being patient and continuing to pray each day. →

Pretzels are heart-shaped- they look like arms folded over the heart in prayer. Every prayer we say is like a hug. God loves to see us being patient by praying. Each prayer is a way to tell God we love Him.

What can you pray for during Lent? How can you become closer to our friend, Jesus, during Lent?

You can write and draw your ideas on or around the pretzel. Then, you can cut out your pretzel and keep it near you to remind you to pray each day during Lent.



March 2026 Pre-K-2 Activities: Week 2
Grade 1- "Glory to God"



March 17 is St. Patrick's Day. Saint Patrick went to the country of Ireland to teach people about God. He used a three-leaf clover to teach about the Holy Trinity. He showed how each heart-shaped leaf is like one of the Persons of God in the Holy Trinity: God the Father, God the Son, and God the Holy Spirit. God the Father, God the Son, and God the Holy Spirit are all One God. They each show us God's love in a unique way.

God the Father made the world. He made the ocean, the sky, the sun and moon, stars, the land, all of the animals, and people. God made everything out of love. He made a beautiful world to share with us. God the Father sent us His Son, Jesus. Jesus healed and helped people. Jesus was a patient teacher who showed people how to love God by praying and being kind to each other. Jesus did everything out of love, just like God the Father. By giving His life on the Cross, He saved people from **sin**, the things they did that did not follow God's rules. After Jesus went to Heaven, He sent the Holy Spirit to help us. The Holy Spirit is peaceful like a dove. He helps us to become stronger, and to learn more about God, because He loves us.



Jesus (the Son), God the Father, and the Holy Spirit

When we say the "Glory Be" prayer, we can give glory to God the Father, God the Son, and God the Holy Spirit, telling them we love them. **On the next page, write and draw in the hearts what you love about each Person of God in the Holy Trinity. →**

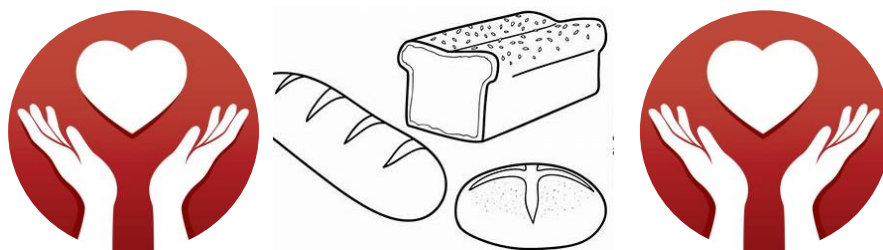
March 2026 Pre-K-2 Activities: Week 3
Grade 1- “Sharing like St. Joseph”



On March 19, we will celebrate St. Joseph’s Day. God is our Father in Heaven. Saint Joseph was Jesus’ father on Earth. He taught Jesus how to build things out of wood that people needed, like tables. Saint Joseph was patient and kind. In how he cared for his family, St. Joseph showed Jesus how to be kind and loving to other people.

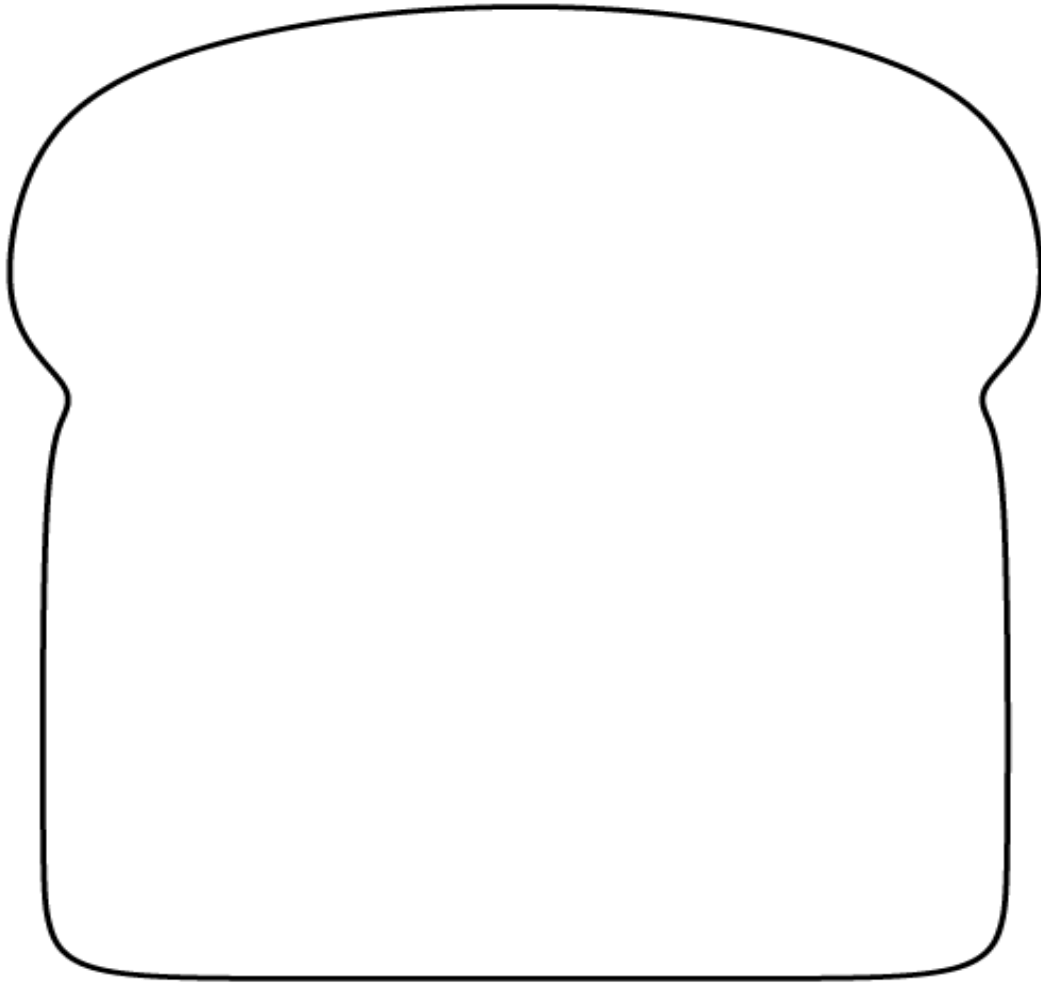
We can honor St. Joseph’s kindness on St. Joseph’s Day by doing things to help others. One way people remember St. Joseph on March 19 is by making a bread called a St. Joseph’s loaf, and sharing it with someone. Around the world, people give to the poor on St. Joseph’s Day. Lent is about giving, because it is when we remember Jesus giving His life for us. Sharing a St. Joseph’s Day bread, and praying at a meal together, is like when we go to Holy Mass and receive the Bread changed into Jesus’ Body, remembering Jesus’ **Sacrifice**.

Saint Joseph patiently shared his time to help others, which is how he showed his love. He was happy to do this. On St. Joseph’s Day, and all through the year, we can give our time and talents to helping others, sharing our love for God. This is how we can honor God for the blessings He gives us from His loving Heart.



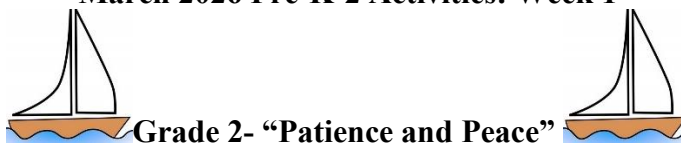
On the next page, cut out a “slice” of St. Joseph’s Day bread. You can write and draw on it what you can share or give on St. Joseph’s Day to be kind like St. Joseph.





Why is it good for us to share? _____

March 2026 Pre-K-2 Activities: Week 1



Grade 2- "Patience and Peace"

When we read about Jesus' life in the Holy Bible, we can learn about the many amazing things He did. Jesus could do these things, because He is God. We see that Jesus is a patient teacher. Everything He does is out of love, to help us learn and grow.

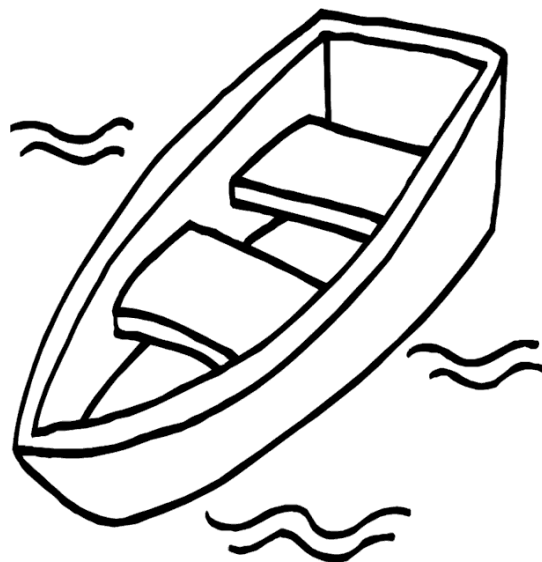
One of the amazing things that Jesus did was walk across the water. There was a storm at sea, but Jesus calmed the storm. The water became still and gentle, so that Jesus could walk across the water. Some of Jesus' apostles, the 12 men who were learning from Jesus and preparing to teach other people about Him, were in a boat out in the sea. Jesus called Peter, one of the apostles, and Peter got out of the boat. Saint Peter began walking to Jesus. He was worried when the wind got stronger, thinking another storm was coming. Then, Peter started to sink. He called out to Jesus to save him. Jesus reached out His hand to Peter and helped him, so that Peter could keep walking on the water. The wind stopped, and the sea was calm again.



Jesus is always reaching out to help us. We don't have to worry like Saint Peter did. Worries bring us down. If we keep focusing on Jesus, and pray, He will help. He will help us to be calm as we pray. Praying helps us to be patient. It is how we reach back to Jesus, and let Him walk with us. Jesus keeps us afloat: He keeps us happy and hopeful. The sacraments of Confession and Communion fill our hearts with Jesus' love, which keeps us going strong. When we are patient, trusting in God, we are peaceful. He will show us the way to go, and will never leave us alone. →

When we follow Jesus, we set sail on an amazing adventure. He is always with us. In our Church, we are in the same boat, one big family in Christ, journeying with Him.

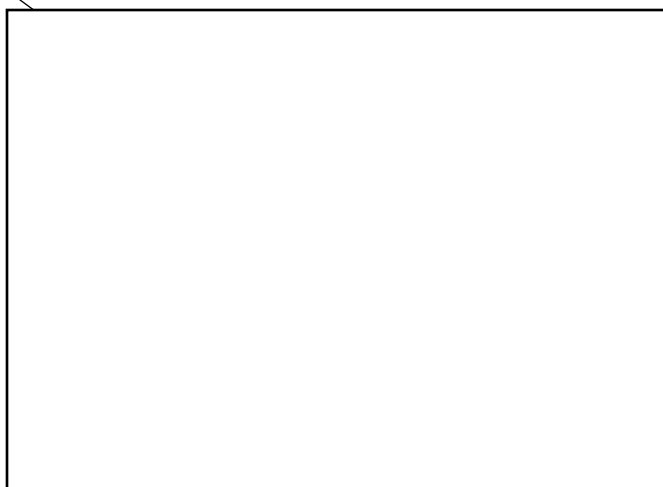
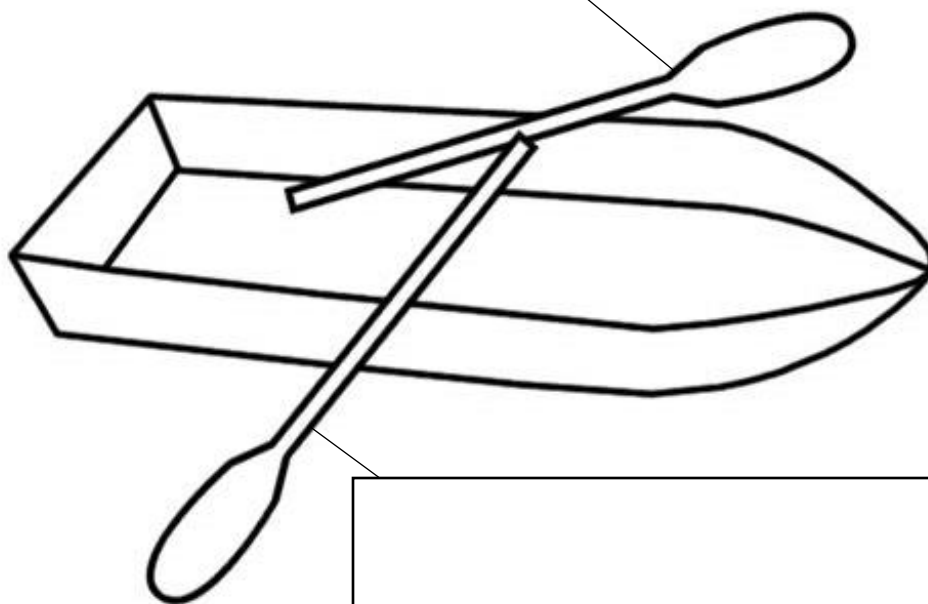
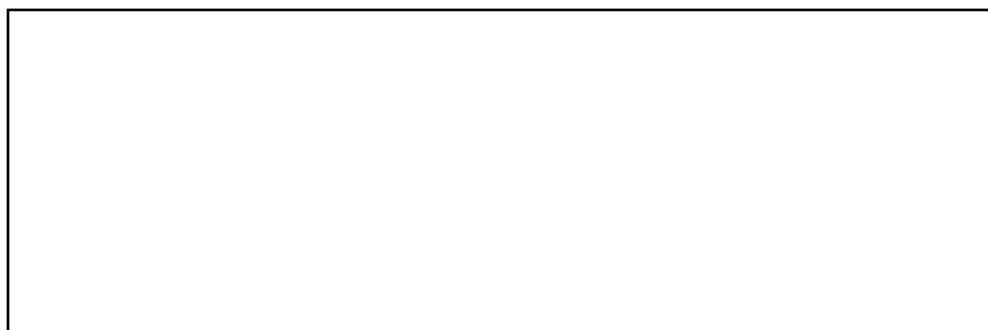
Draw yourself and Jesus in the boat. How do you think Jesus helps us to be patient in our lives? How can we help each other?



Jesus is with us wherever we go. He reaches out to us, asking us to follow Him and love others. **What can we do to reach back, and answer Jesus when He calls us?**



The sacraments are signs of God's love. We feel God's love when we receive the sacraments, because He is with us in them. The sacraments help us to keep going, to move forward with hope and faith. **Which two sacraments help us grow closer to Jesus throughout our lives?** You can draw and write your ideas in the boxes.



March 2026 Pre-K-2 Activities: Week 2
Grade 2- “The Holy Trinity and the Sacraments”

St. Patrick’s Day is on March 17, when we celebrate the life of the missionary to Ireland, St. Patrick. He went to the country of Ireland to teach other people about God. St. Patrick taught them about the Holy Trinity: the Father, Son, and Holy Spirit. He taught them that the Father, Son, and Holy Spirit are One God. They each show us God’s love in a unique way. “Trinity” means “three.” Saint Patrick used a clover with three leaves to teach about the Three Persons of God in the Holy Trinity.



When we receive the sacraments, we feel God’s love. God is with us in the sacraments. First, we receive the sacrament of Baptism. This makes us part of God’s family. Then, we receive the sacraments of Confession and Holy Communion. These three sacraments help us become closer to God, and love Him more. God shows us His love in the sacraments, and we show Him our love back when we receive them. Every day, we can tell our families that we love them. Receiving the sacraments as often as we can is how we can tell God we love Him, and grow in love for our Church family, which is connected through God’s love.



We receive the sacrament of Holy Baptism once, because it makes us part of God’s family forever. The sacraments of Confession and Holy Communion are received throughout our lives to keep us strong. They help us to be patient and trust in God. God’s love, which we feel in the sacraments, makes us happy and gives us hope.



Read Lesson 3 (pages 15-17), "The Blessed Trinity" in your *St. Joseph First Communion Catechism* book. Who are the Three Persons of the Holy Trinity?

1. _____
2. _____
3. _____

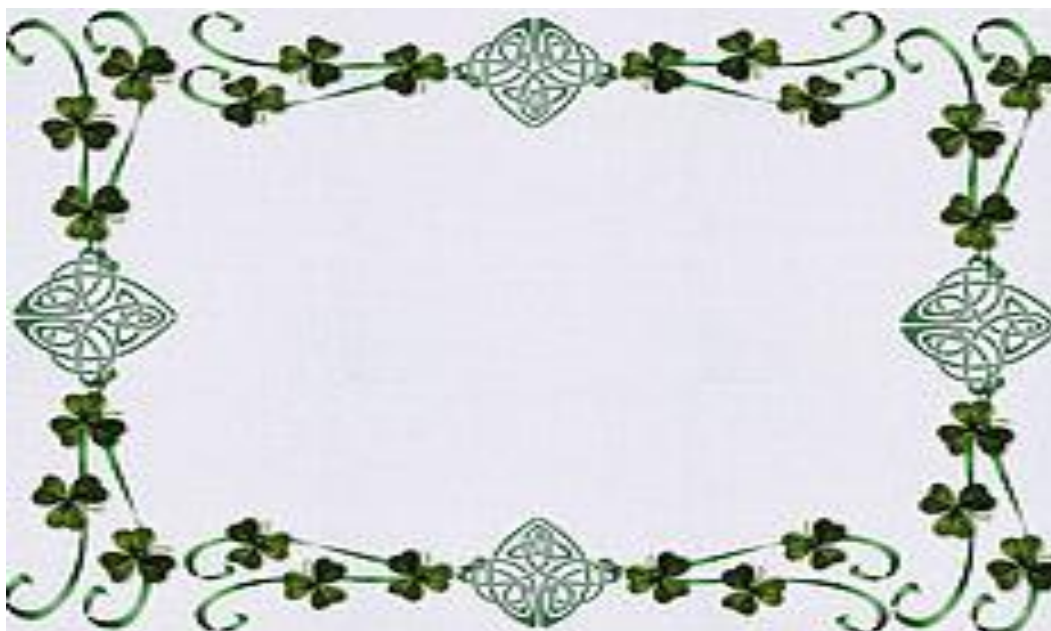
What are the first three sacraments we receive in the Church?

1. _____
2. _____
3. _____

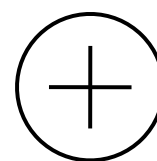
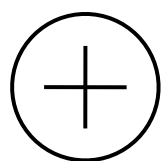
Throughout our lives, how can we tell God that we love Him?

What is one way the sacraments can help us?

You can also draw your ideas in the box.



March 2026 Pre-K-2 Activities: Week 3
Grade 2- "God's Patience"



Priests are God's helpers on Earth. They help us get to Heaven. Priests serve Jesus, living like He did. Jesus works through our priests to bless us, forgive our sins, and say the Holy Mass. Priests bring God and us closer together. The priest is like a bridge between Heaven and Earth.

Our hearts are like houses for God. Before Holy Communion, we receive the sacrament of Confession from the priest so our hearts can be clean, ready to welcome Jesus at Holy Communion. We keep our hearts clean by following God's rules. God wants us to love each other. He wants us to keep doing our best, to keep following Him, especially by praying. Because God lives in our hearts, He is always with us to help.

Being patient is how we can be kind and loving. When we wait, we can be patient by praying. God loves us, and so He is patient with us. In times we sin (times we don't follow God's rules), when we tell God with our whole hearts that we are sorry, He will forgive us. God forgives **mortal sins** (very serious sins that go against the 10 Commandments) and **venial sins**, sins that are not as serious as mortal sins, but are still told to the priest, because they do not bring us closer to God. When we are kind and patient, we can stay away from sins, keeping close to God.

We show God we are sorry at Confession when we tell the priest. God hears us. The priest listens and tells us what we can do to become closer to God. The **Seal of Confession** means that the priest does not tell anyone else about what we say in our confession. We can always talk to God, and continue to receive the sacraments of Confession and Holy Communion throughout our lives.



Read Lesson 5, "Our Own Sins" (pages 23-26) in your *St. Joseph First Communion Catechism* book. Fill in the blanks:

_____ sins are the most serious sins, because they are against the _____ Commandments. _____ sins are not as serious, but we still need to go to _____ to ask God to forgive us for them.

Think about the questions below. Then write and draw your ideas.

Priests are God's helpers. We see Jesus working through our priests. **What is one way that priests serve Jesus and bring us closer to Him?**

We can show our love for God and all of the people He brings to us by being patient. We can be patient and loving by being good helpers. **How can you be a good helper?**

God helps us to get ready for Communion when we go to Confession. **How does Confession help us to be ready to receive Jesus at Holy Communion?**

March 2026 Pre-K-2 Review

Use this review sheet as a reference to track progress and check that learning goals are met.

Recap: What did we learn?

All Grades

- The Holy Trinity is the Father, Son, and Holy Spirit. “Trinity” means “three”
- The Three Persons of God in the Holy Trinity are all One God
- The Father, Son, and Holy Spirit each uniquely show us God’s love for us
- Saint Patrick traveled through Ireland and taught people about the Holy Trinity by using the three leaves of a clover to represent the Father, Son, and Holy Spirit
- God is patient, because He is loving

Pre-K/Kindergarten

- Saint Patrick and St. Joseph were two saints who were patient and loving. They prayed and taught other people about God
- We can be kind and patient like St. Patrick and St. Joseph, too
- Praying is how we can be patient while we are waiting, and talk to God
- The Cross is a symbol of God’s love. Jesus gave His life for us on the Cross, which we remember during this season of Lent
- When we make the Sign of the Cross, we show our love for each Person of God in the Holy Trinity: God the Father, God the Son, and God the Holy Spirit
- We can bless ourselves with holy water while making the Sign of the Cross
- Jesus is called the “Lamb of God.” He was peaceful and gentle like a lamb. He was patient and followed the plan God, the Father, had for Him
- At church, we sit and kneel in the pews, long wooden benches. We sing, pray, listen to stories about God in the Holy Bible, and show our love for God

Grade 1

- Before First Holy Communion, we make our First Confession. We tell God we are sorry for when we didn’t follow His rules, and tell Him we will work on making better choices
- We can stay close to God by going to Confession, and by talking to God in prayer
- Praying each day helps us to be patient, and to show our love for God
- God the Father created the world, and all of us, because He loves us
- Jesus saved us from sin by giving His life on the Cross. He did this out of love, which we remember at every Holy Mass, and especially during Lent
- We see God’s love in the Holy Spirit, because the Holy Spirit makes us stronger and gives us what we need. The Holy Spirit gives holy gifts that help us
- Saint Joseph was Jesus’ father on Earth. God the Father chose St. Joseph and Mother Mary to care for Jesus
- Saint Joseph’s Day is March 19. We can remember St. Joseph’s patience and kindness on this day by sharing and giving to other people, like St. Joseph did

Grade 2

- Jesus is always with us. He reaches out to us to follow Him. When we trust in Jesus, He will help us
- We can reach back to Jesus by praying, listening to Him, and following the 10 Commandments, God's rules
- Confession and Communion are sacraments we can receive throughout our life journeys to help us stay close to God
- The first three sacraments we receive are Baptism, Confession, and Holy Communion
- Baptism makes us part of God's family forever. We receive Confession and Holy Communion throughout our lives to receive God's love and tell Him we love Him back
- Priests are God's helpers. They are like Jesus, and they help bring us closer to Him
- Priests say Holy Masses, forgive sins, and bless us
- When we go to Confession, we tell the priest our sins: things we did that did not follow God's rules
- Mortal sins are the most serious, but we also confess venial sins, even though they are not as serious as mortal sins
- The priest helps us by telling us what we need to do to become closer friends with God, to make up for times when we did not follow His rules. Priests show us how we can be more patient and loving

What vocabulary words did we practice?

Pre-K/Kindergarten

Week 1

Trinity

Week 2

Holy water

Week 3

Pews

Grade 1

Week 1

Reconciliation

Week 2

Sin

Week 3

Sacrifice

Grade 2

Week 1

Mortal sins

Week 2

Venial sins

Week 3

Seal of Confession

What prayers did we practice?

Pre-K/Kindergarten

Sign of the Cross

Grade 1

Glory Be

Grade 2

Act of Contrition

Checklist: Activity Completion

Pre-K/Kindergarten

Week 1: "Prayer and Patience"

Week 2: "Love of the Holy Trinity"

Week 3: "Patience like the Lamb of God"

Grade 1

Week 1: "Patience, Prayer, and Pretzels"

Week 2: "Glory to God"

Week 3: "Sharing like St. Joseph"

Grade 2

Week 1: "Patience and Peace"

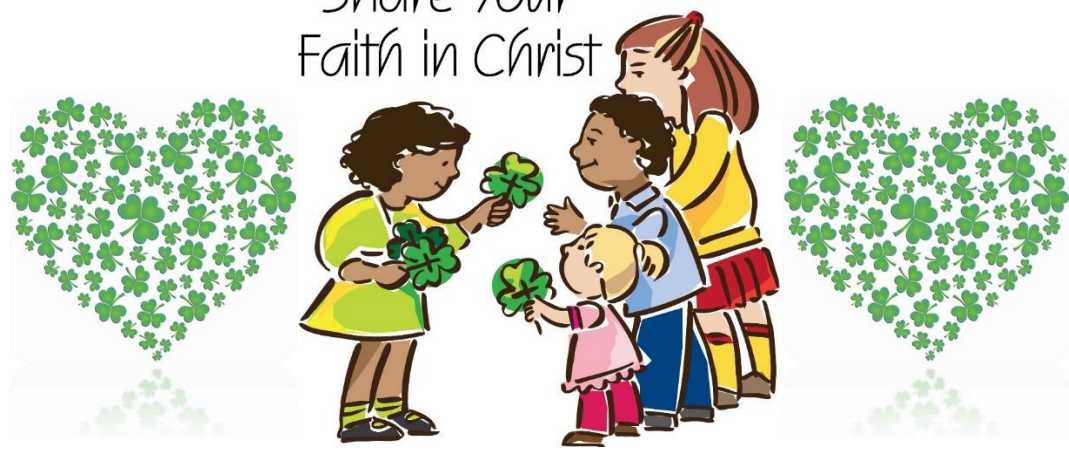
Week 2: "The Holy Trinity and the Sacraments"

Week 3: "God's Patience"

Quick Check:

Tell us about your experience with these activities this month! Our March 2026 Google Form for Grades Pre-K-2 is available here: <https://forms.gle/zFNB5uAd95RTEL1s8>

Share Your Faith in Christ



Recall: Who are the Three Persons of God in the Holy Trinity? Label each leaf with one Person. You can cut the clover out and bring it with you to continue practicing the Sign of the Cross.

A large black outline of a clover with three leaves and a stem. The top leaf contains the text "and of the" followed by a horizontal line. The bottom-left leaf contains the text "In the name of the" followed by a horizontal line. The bottom-right leaf contains the text "and of the" followed by a horizontal line. The stem contains the text "Amen.".