

OLV Rel. Ed. Newsletter: April 2026  
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April 2026 Reflection

The Month of April is dedicated to both the Holy Spirit, and the Holy Eucharist. Our Lady teaches us how to devote ourselves to the Holy Spirit and the Holy Eucharist, that we may become like the holy angels in adoring God. Mother Mary is the living ciborium: in saying “yes” to God the Father’s plan for her to become the Mother of Jesus, His only Son, she opened herself to receiving the Holy Spirit, Who overshadowed her, so that she could conceive Jesus in her virginal womb. Our Lady’s openness to the Holy Spirit made her into a vessel for God’s grace, a receptacle of the Bread of Life, just like the ciborium, the chalice holding consecrated hosts within the tabernacle.

Both the holy angels and the Holy Spirit inspire us to seek out Christ, and to do good works that honor Him. They prepare us to receive the Holy Eucharist, that we may be filled with Christ’s Presence. Receiving the Holy Eucharist only further enlightens us, giving us the graces to know, understand, and love Jesus more, that we may treasure Him as deeply in our hearts as possible. Our Lady lived in the Cenacle until her earthly life was complete; this site was the upper room where the Holy Spirit appeared to the apostles, bringing them the Gifts they needed to continue Jesus’ mission of love. Mother Mary continued to receive the Holy Eucharist from the apostles, who had been equipped with the spiritual gifts they needed to administer the sacraments and carry on Christ’s priestly ministry, so that she could keep her dear Son, Jesus, close to her Heart, just as He had been when He was growing within her womb.

At Pentecost, when the Holy Spirit came down upon the apostles, Our Lady received special spiritual gifts of her own, receiving the graces to serve as our spiritual mother. Because she is our spiritual mother, she leads us to what we need in order to be nourished, giving us all of the care that we need, by leading us to Jesus in the Holy Eucharist. Our Lord gives us every gift for our souls through His loving Heart, a treasury of inexhaustible riches, in the Holy Eucharist. Every time we receive Jesus’ Heart in the Holy Eucharist, which is united to Our Lady’s Heart, and which will always carry something of her to us, since she gave Jesus His Body and Blood from her own flesh and blood, we receive our loving Mother, too, and come to love Jesus more like she does. The more like Our Lady that we become, the more that the Holy Spirit may fill our souls, and help us to produce good fruits for God’s glory, just as He made Our Lady fruitful.

Mother Mary prayed for the apostles when they went out to bring Jesus in the Holy Eucharist to others; she had a special place in her Immaculate Heart for Eucharistic missionaries, praying that they would be successful in bringing the immaculate bread, the Eucharistic Heart of her son, to others. She prayed that everyone would come to know and love her Son in the Holy Eucharist,

because she loved Jesus so much, that she wanted to console His Heart, knowing that He longed for souls to come to His Heart to receive His love. Our Lady is also praying for us, that we may receive Jesus' Eucharistic Heart, be brought closer to His Sacred Heart, and draw many others near to Him as well, that we all may adore Jesus with the holy angels in the splendor of Heaven. Through the Bread of Life, we can live forever, meeting the Queen of the Angels in Heaven, where we may all occupy the chambers of Christ's Heart, together with the holy angels, like rooms in the palace of a King. May we open ourselves to deeper devotion to the Holy Eucharist, so as to adorn our hearts with every virtue, and make our hearts fitting dwelling places for Christ the King.

Surrexit Christus,  
Katie Sadakierski, Director of Religious Education

#### April 2026 Prayer

##### Prayer of Adoration of Jesus (from *Catholic Prayer Book and Manual of Meditations*)

May the angels in heaven ever adore Thee, and may the hearts of all the faithful, especially that of the Most Blessed Virgin, ever breathe out in Thy honor a most sweet odor and perfume of love, esteem, and respect. Sweet Jesus! receive this act of adoration. May it be acceptable in Thy sight from my hands. Amen.

#### Special Devotions for April 2026

Marian Chant of the Season: Ave Regina Caelorum

Suggested Prayers:

- The Litany of the Holy Eucharist/the Litany of the Most Blessed Sacrament
- The Litany of the Most Precious Blood