



January 2026 Reflection

Our Lord is the Prince of Peace. When Jesus shed His Most Precious Blood for us from the Cross, it was the first time that bloodshed resulted in true peace, for Christ would redeem us by His Blood, restoring harmony and balance to a world disordered by the disobedience of Adam and Eve, who brought sin into the world by being unfaithful to God's commandment. Jesus did all things out of total love for God the Father, teaching us that when we are obedient to God's Commandments, we can know lasting peace and happiness, because God's Commandments are designed for eternal happiness. God knows best what we need. He wills all things out of love for us, for our salvation, and calls us to do what will honor Him most. Honoring God will give us joy, for God is love, and His love is eternal, whereas the things of the world are fleeting. It is good for our souls to love God, because as His creations, we are meant to adore our Creator, our Father in Heaven.

Because Jesus shed His Most Precious Blood out of love for us all, the holy angels adore Him, and when we imitate them in adoration of the Blessed Sacrament, the Eucharistic Presence of Christ, we know peace and joy that gives us a foretaste of Heaven, where we may adore God forever with the holy angels. When we gather around the altar to adore the Blessed Sacrament, the Holy Eucharist containing the Body, Blood, Soul, and Divinity of Jesus, we are united in the same purpose, facing in the same direction, towards the rising sun, so that we may rise with the Son together, from death to life.

True unity only flows from Jesus Christ, from uniting in adoration of Him, placing Him at the center of our hearts. When Our Lord is enthroned, then we may experience the peace that comes from unity in Christ, unity in worshipping Him as our King, with the holy saints and angels. In this Month of the Holy Name, we pray to do all things in union with the holy angels, in Jesus' Most Holy Name. Jesus' Holy Name means "God saves," so we pray to work with the holy angels in saving souls, especially by offering our prayers to Jesus, our Savior, as we adore Him in the Blessed Sacrament.

Pax tecum,

Katie Sadakierski, Director of Religious Education

January 2026 Prayer

Prayer in Honor of the Most Holy Name of Jesus

O God, Who didst appoint Thine only-begotten Son to be the Savior of mankind and didst command His Name to be called Jesus; mercifully grant that we may enjoy the vision of Him in Heaven, Whose Holy Name we venerate on earth. Through the same Christ Our Lord. Amen.

Blessed be the Most Holy Name of Jesus without end!

Special Devotions for January 2026

Marian Chant of the Season: **Alma Redemptoris Mater**

Suggested Prayer: **Litany of the Holy Name of Jesus**